

DDM# 2

Latin IIIH

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Culture Shock

Theme: Roman Nutrition within the Provinces

Questions:

- I. What can we learn about a culture through its diet?
- II. What is Nutritional Forensics, and how can this help us learn about socio-economics, health and demographics?

Skills:

- I. Students will research a province in the Roman Empire in the 3<sup>rd</sup> century A.D. and select and explore one, ancient-Roman recipe which relates to the cultural identity of this province in the empire.
- II. Students will consider the ingredients in the recipe to evaluate certain socio-economic, health and demographic data in the province.
- III. Student will compare and contrast their data.

Outcomes:

- I. Students will recreate the recipe as authentically as possible item by gathering, preparing, tasting and

sharing the food item. The process will be chronicled and shared by video.

- II. Students will share the ancient Roman food at Culture shock and explain how this food item relates to the cultural identity of the selected province.